



London TDM

Management and Leadership

Course Venue: United Arab Emirates - Dubai

Course Date: From 01 February 2026 To 05 February 2026

Course Place: Downtown Dubai

Course Fees: 5,000 USD

Introduction

Welcome to "The Leadership Mindset: Growth, Grit and Gravitas" professional course. This intensive five-day program is designed to equip emerging and established leaders with the mindset and skills necessary to navigate complex challenges, inspire teams, and create sustainable success. Through interactive sessions, case studies, and expert insights, participants will enhance their leadership capabilities and develop a profound understanding of personal and organizational growth.

Objectives

- Explore the fundamentals of a growth mindset and its impact on leadership.
- Develop resilience and grit to overcome challenges and setbacks.
- Enhance leadership presence and gravitas to influence and inspire others.
- Implement strategic thinking for long-term organizational success.
- Build effective communication and emotional intelligence skills.

Course Outlines

Day 1: Understanding Growth Mindset

- Introduction to Growth Mindset: Concepts and Benefits
- Identifying Fixed vs. Growth Mindset in Leadership
- Techniques to Cultivate a Growth Mindset
- Case Studies: Leaders with a Growth Mindset
- Interactive Session: Self-Assessment and Action Planning

Day 2: Developing Grit and Resilience

- Understanding Grit: The Power of Perseverance
- Building Resilience: Strategies for Bouncing Back
- Overcoming Common Leadership Challenges
- Panel Discussion: Stories of Resilient Leadership
- Workshop: Real-life Scenario Practice

Day 3: Building Gravitas and Influence

- Defining Leadership Gravitas and Its Importance
- Enhancing Personal Presence and Confidence
- Strategies to Increase Influence and Impact
- Role-Playing: Practicing Influence Tactics
- Feedback and Reflection Session

Day 4: Strategic Thinking and Decision Making

- Introduction to Strategic Thinking in Leadership
- Decision-Making Models and Frameworks
- Balancing Short-term and Long-term Goals
- Case Analysis: Successful Strategic Decisions
- Action Plan Development for Strategic Initiatives

Day 5: Mastering Communication and Emotional Intelligence

- Effective Communication Skills for Leaders
- The Role of Emotional Intelligence in Leadership
- Building Empathy and Active Listening Skills
- Interactive Activities: Enhancing Team Communication
- Course Wrap-up and Final Reflections