



London TDM

# Management and Leadership

**Course Venue:** United Arab Emirates - Dubai

**Course Date:** From 08 March 2026 To 12 March 2026

**Course Place:** Downtown Dubai

**Course Fees:** 5,000 USD

## Introduction

Welcome to the "Executive Coaching for Leadership Development" course. This 5-day intensive program is designed to enhance your leadership capabilities through tailored coaching strategies. You will learn how to leverage executive coaching techniques to drive both personal and organizational success. The course combines theoretical insights with practical applications to ensure that you leave with actionable skills that can be applied immediately to your leadership practice.

- Understand the core principles of executive coaching and its impact on leadership.
- Develop essential coaching skills to enhance team performance and engagement.
- Learn to create a coaching culture within your organization.
- Identify and nurture high-potential individuals through effective coaching strategies.
- Apply executive coaching to solve complex leadership challenges.

## Course Outlines

### Day 1: Introduction to Executive Coaching

- Overview of executive coaching and its benefits
- Key theories and models in executive coaching
- Understanding the role of a coach in leadership development
- Identifying coaching opportunities within your organization
- Setting coaching goals and expectations

### Day 2: Developing Core Coaching Skills

- Building trust and rapport with coachees
- Effective listening and questioning techniques
- Providing constructive feedback
- Developing emotional intelligence as a coach
- Exploring different coaching styles and their applications

### Day 3: Creating a Coaching Culture

- Understanding the benefits of a coaching culture
- Strategies to implement and sustain a coaching culture
- Overcoming resistance to change
- Aligning coaching with organizational values and goals
- Measuring the impact of a coaching culture

### Day 4: Coaching High-Potential Leaders

- Identifying high-potential talent within your organization
- Customizing coaching approaches for high-potential leaders
- Navigating challenges faced by emerging leaders
- Mentoring versus coaching: understanding the difference
- Accelerating leadership development through coaching

### Day 5: Applying Coaching to Leadership Challenges

- Analyzing complex leadership scenarios with coaching techniques
- Coaching for strategic thinking and decision-making
- Addressing team dynamics and conflict resolution
- Leveraging coaching to drive innovation and change
- Developing action plans for continuous leadership growth