



London TDM

Health, Safety, and Environment (HSE) Training

Course Venue: United Arab Emirates - Dubai

Course Date: From 01 February 2026 To 05 February 2026

Course Place: Downtown Dubai

Course Fees: 5,000 USD

Introduction

In today's fast-paced work environment, an effective understanding of workplace safety and hazard control is essential for maintaining a secure and productive atmosphere. This comprehensive 5-day professional course is designed to equip participants with the knowledge and skills necessary to identify, assess, and manage potential hazards in the workplace. Through a blend of theoretical knowledge and practical application, this course aims to promote a culture of safety and compliance with industry standards.

Objectives

- Understand the fundamentals of workplace safety and health regulations.
- Learn to identify and assess potential hazards in the workplace.
- Develop strategies for hazard control and accident prevention.
- Implement effective safety management systems.
- Promote a culture of safety awareness and continuous improvement.

Course Outlines

Day 1: Introduction to Workplace Safety

- Overview of workplace safety regulations and standards
- Roles and responsibilities in maintaining safety
- Common workplace hazards and their impacts
- Introduction to risk assessment processes
- Creating a safety-first workplace culture

Day 2: Hazard Identification and Risk Assessment

- Methods for identifying workplace hazards
- Conducting risk assessments effectively
- Prioritizing hazards by severity and likelihood
- Documenting and reporting hazards and risks
- Case studies of effective hazard identification

Day 3: Hazard Control Strategies

- Engineering and administrative controls
- Personal protective equipment (PPE) selection and usage
- Emergency preparedness and response planning
- Ergonomics and workstation safety
- Developing hazard communication plans

Day 4: Safety Management Systems

- Components of an effective safety management system
- Safety policies and procedures development
- Employee training and awareness programs
- Incident investigation and root cause analysis

- Continuous improvement and safety metrics

Day 5: Promoting Safety Culture and Continuous Improvement

- Leadership and engagement in safety initiatives
- Building a proactive safety culture
- Feedback mechanisms and safety communication
- Implementing lessons learned and best practices
- Course review and action plan development