



London TDM

# Security Management and Risk Protection Training Courses

**Course Venue:** United Arab Emirates - Dubai

**Course Date:** From 29 March 2026 To 02 April 2026

**Course Place:** Downtown Dubai

**Course Fees:** 5,000 USD

## Introduction

In today's interconnected world, individuals may find themselves traveling or working in areas that pose various levels of risk. The Hostile Environment Awareness Training (HEAT) course is designed to equip participants with practical skills and knowledge to identify, assess, and respond to threats in unpredictable and potentially dangerous environments. This immersive five-day course focuses on risk mitigation, personal safety strategies, and emergency response protocols.

- Understand the principles of risk assessment and management in hostile environments.
- Develop practical skills for personal security and situational awareness.
- Learn effective communication and negotiation techniques in high-stress situations.
- Prepare for medical emergencies with basic first aid and trauma care skills.
- Build resilience and adaptability in challenging scenarios through scenario-based training.

## Course Outlines

### Day 1: Introduction to Hostile Environments

- Overview of Hostile Environments: Types and Characteristics
- Risk Assessment and Management Fundamentals
- Understanding Cultural Sensitivities and Local Dynamics
- Personal Safety Planning and Preparation
- Communication and Reporting Protocols

### Day 2: Personal Security and Situational Awareness

- Developing Situational Awareness Skills
- Recognizing and Avoiding Potential Threats
- Personal Security Measures and Evasive Techniques
- Safe Travel Practices and Route Planning
- Dealing with Harassment and Aggressive Behavior

### Day 3: Crisis Management and Communication

- Effective Crisis Communication Strategies
- Negotiation Techniques in Tense Situations
- Managing Stress and Emotional Resilience
- Team Dynamics and Leadership under Pressure
- Use of Technology and Tools in Crisis Situations

### Day 4: Medical Emergencies and Trauma Care

- Basic First Aid Skills for Hostile Environments
- Assessing and Managing Trauma and Injuries
- Emergency Evacuation Procedures
- Understanding Medical Kits and Supplies
- Practicing Scenario-Based Medical Drills

### Day 5: Scenario-Based Training and Debrief

- Integration of Learned Skills in Simulated Environments
- Role-Playing and Realistic Threat Scenarios
- Group Exercises and Team Challenges
- Feedback and Debrief Sessions
- Course Evaluation and Certification Process